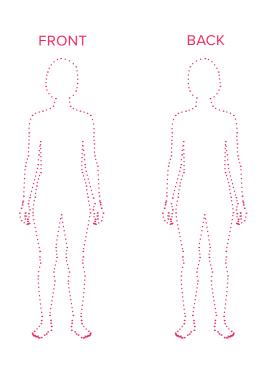
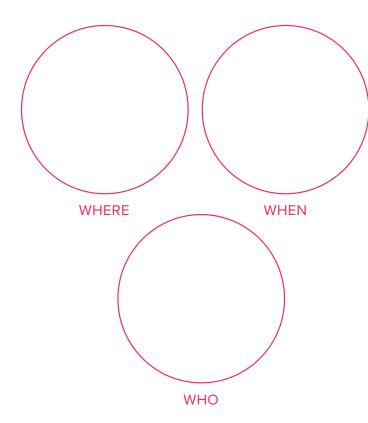


EXERCISE 01

EXERCISE 02





EXERCISE 03

THE OBSTRUCTIONS ARE:



EXERCISE 04

IF THE OBSTRUCTIONS COULD SPEAK, WHAT WOULD THEY SAY?

EXERCISE 05

My thoughts, words, and actions align with true values. As I think and behave in healthy ways, I am able to enjoy the fruits.

EXERCISE 06

