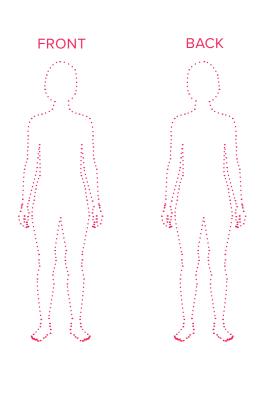
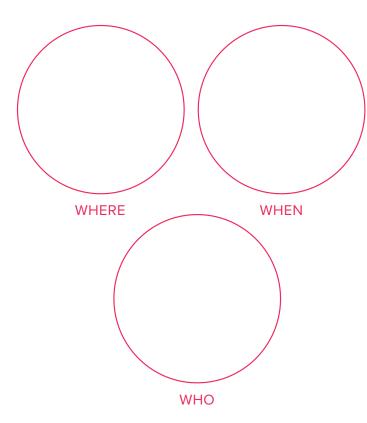


**EXERCISE 01** 

EXERCISE 02





## EXERCISE 03

THE OBSTRUCTIONS ARE:



### **EXERCISE 04**

IF THE OBSTRUCTIONS COULD SPEAK, WHAT WOULD THEY SAY?

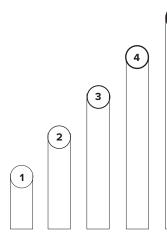
### **EXERCISE 05**

# (4) (3) (1)

### 5) SAFE!

My innate glow repels darkness without me having to say a word. I create a protective barrier between myself and anything dangerous, so I can peacefully observe from a safe distance.

## **EXERCISE 06**



#### 5 SAFE!

My innate glow repels darkness without me having to say a word. I create a protective barrier between myself and anything dangerous, so I can peacefully observe from a safe distance.