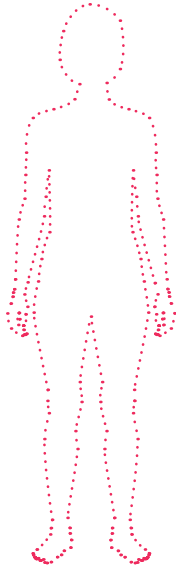




EXERCISE 01

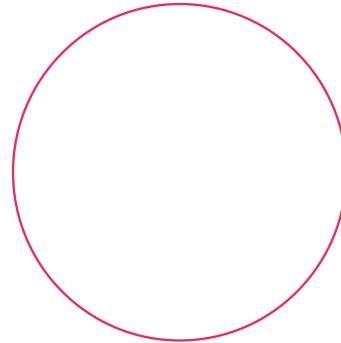
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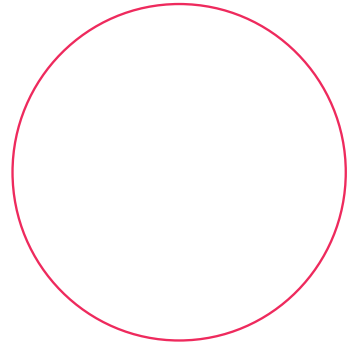
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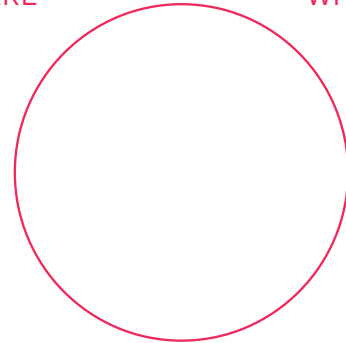
EXERCISE 02



WHERE



WHEN



WHO

EXERCISE 03

THE OBSTRUCTIONS ARE:



EXERCISE 04

IF THE OBSTRUCTIONS COULD SPEAK, WHAT WOULD THEY SAY?

EXERCISE 05

1 2 3 4

5 LOVED! —

Even though I am far from perfect, I am loved and lovable just the way I am.

EXERCISE 06

1 2 3 4

5 LOVED! —

Even though I am far from perfect, I am loved and lovable just the way I am.